



Asthma and Allergy  
Foundation of America®

*GREATER KANSAS CITY CHAPTER*

Celebrating 30 Years in Kansas & Missouri

**RECIPE  
FOR  
GIVING**

**present**

**JR.**  
**IRON**  
**CHEF**  
**KANSAS CITY**

**Junior Iron Chef**, hosted by the Asthma and Allergy Foundation of America, Greater Kansas City Chapter (AAFA-KC), is a metro-wide competition that gives children an opportunity to experience healthy eating through the preparation and cooking of nutritious foods, highlighting food allergies.

In this competition, teams of **middle** or **high school students** are invited to create delicious and creative dishes using healthy ingredients. Recipes should be replicable and will have a chance to be featured in the **2012 Junior Iron Chef Cook Book**. Three awards will be given in each age group: **Best in Show**, **Most Creative** and **Best Food Allergy Recipe**.

**Celebrating Health in Our Communities**  
**Saturday, April 14, 2012**  
**Union Station, Kansas City, MO**